



Utah

AGING RESOURCES

211 Information Line

Referral to aging and all types of community resources.

Adult Day Programs

www.alz.org/utah/

Specialized activities in a structured environment for cognitively impaired adults. May provide transportation, sliding scale fee schedule and meals.

BRIGHTWORK COTTAGE	801-467-3959
COUNTRY NICHE <i>Clearfield</i>	801-825-3582
NEIGHBORHOOD HOUSE COTTONWOOD	801-277-3264
NEIGHBORHOOD HOUSE RIVERSIDE	801-363-4593

Adult Protective Services

www.hsdaas.state.ut.us

A program to protect vulnerable adults 18 and over from unintentional and intentional abuse, neglect and/or exploitation.

SALT LAKE CITY	801-264-7669
ALL OTHER UTAH CITIES	800-371-7897

Alzheimer's Disease

Alzheimer's Association, Utah Chapter

www.alz.org/utah/

Support groups, consultation, education and referral, lending library, a 3-day adult day care scholarship, emergency respite and the Safe Return Program.

SALT LAKE CITY	801-265-1944
SOUTHERN REGION OFFICE <i>St. George</i>	435-628-8656
24-HOUR HELP LINE	800-272-3900

Allen Cognitive Level Screening (ACLS) 801-747-2100

Validated testing that helps determine safety requirements and functional levels for people with cognitive impairment. Provides guidelines and training for caregivers. Offered in the home exclusively by Caregiver Support Network, the only licensed agency in Utah specializing in dementia care and ACLS.

Alzheimer's Disease *Continued*

UNIVERSITY OF UTAH NEUROLOGY CLINIC CENTER FOR ALZHEIMER'S CARE, IMAGING & RESEARCH

801-585-6387

www.utahmemory.org

Comprehensive diagnosis for new cases of dementia. Must be referred by a primary care physician.

Area Agencies on Aging (AAA)

Services for adults age 60 and over. Funded by federal, state and local governments. Services include, but are not limited to, the following:

Meals on Wheels	Senior Centers
Legal Services	The Alternatives Program
Health Insurance Counseling	Medical Transportation
Home & Community-Based Services	Senior Companion

BEAR RIVER AAA *Logan*

Box Elder, Cache and Rich Counties

435-752-7242

DAVIS COUNTY COUNCIL ON AGING

Farmington

801-451-3370

FIVE-COUNTY AAA

Beaver, Garfield, Iron, Kane and Washington Counties

<i>St. George</i>	435-673-3548
<i>Cedar City</i>	435-586-2975

MOUNTAINLAND DEPT. OF AGING & FAMILY SERVICES *Provo*

Summit, Utah and Wasatch Counties

801-229-3800

SALT LAKE COUNTY AGING

801-468-2454

SAN JUAN COUNTY AAA *Monticello*

435-587-3225

SIX COUNTY AAA

Wayne, Piute, Juab, Sanpete, Millard and Sevier Counties

435-893-0725

SOUTHEASTERN UTAH AAA *Price*

Carbon, Emery and Grand Counties

435-637-4268

TOOELE COUNTY AAA

435-882-2870

UINTAH BASIN AAA *Roosevelt*

Daggett and Duchesne Counties

435-722-4518

UINTAH COUNTY AAA *Vernal*

435-789-2169

WEBER HUMAN SERVICES *Ogden*

Weber and Morgan Counties

801-625-3770

Caregiver Support Network Home Health & Hospice

SALT LAKE COUNTY 801-747-2100

DAVIS/WEBER/MORGAN COUNTIES 801-547-0060

Award-winning, full-service home health, hospice and private duty agency. Specializing in Alzheimer's and dementia care, Allen Cognitive Level Screening, *Caregiver Coaching*, Infrared Light Therapy, VitalStim Therapy, Balance and Dizziness Treatment, Lymph Edema Therapy and Chronic Disease Management. 1 to 24 hour service. Medicare, Medicaid, VA, Commercial Insurance, County Aging Programs and Private Pay. Hospice care is comprehensive palliative medical and pastoral care for patients with life-limiting illness and their families.

Department of Veterans Affairs

www.va.gov

AID & ATTENDANCE PROGRAM

www.veteranaid.org/program.php

VA pension benefit may be available to wartime veterans and surviving spouses for in-home or nursing home and assisted living costs. Income and asset limits apply.

ELIGIBILITY & APPLICATIONS 801-584-2585

ONLINE APPLICATIONS www.vabenefits.vba.va.gov/vonapp

VA MEDICAL CENTER *Salt Lake City* 801-582-1565

VA OGDEN CLINIC *Ogden* 801-479-4105

VA NURSING HOME *Salt Lake City* 801-584-1900

Driving/Transportation

AARP 866-448-3616

Driver Safety Program is an 8-hour classroom refresher that teaches the effects of aging on driving and how to make safe adjustments.

COUNTY AGING TRANSPORTATION

Most local Utah AAA offices offer a transportation program to medical appointments. Contact your local Area Agency on Aging. See page 1.

FLEX TRANS 801-566-2334

UTA Mobility Program. Transportation for the disabled.

HARTFORD SAFE DRIVING PROGRAM

www.thehartford.com/talkwitholderdrivers

U OF U SUGARHOUSE REHAB CLINIC 801-581-2221

Driving Assessment and Training

UTAH SAFETY COUNCIL 801-478-7878

Defensive Driving

VA PROGRAM 801-582-1565

Drivers Rehab ext. 1577

Elder Law

ERIC B. BARNES *Kaysville* 801-544-4494

CALVIN C. CURTIS *Salt Lake City*
Medicaid Planning Specialist 801-534-4430

PLATT LAW *Alpine* 801-769-1313

UTAH LEGAL SERVICES 801-328-8891

Exercise Programs

University of Utah Rehab and Wellness Clinic

MULTIPLE SCLEROSIS 801-581-8756

DIABETES, BALANCE DISORDERS,
NEUROLOGICAL DISEASES &
STROKE PROGRAMS 801-587-9161

Faith-Based Senior Services

JEWISH FAMILY SERVICES 801-746-4334

Project Encourage

Serves seniors and families of all faiths. In-home assessments, care management, counseling, fitness classes and socialization programs.

JEWISH COMMUNITY CENTER 801-581-0098

Non-denominational center provides activities for seniors such as exercise, book reviews, luncheons, daytime excursions and transportation for social activities.

LDS FAMILY SERVICES

Counsels LDS church members.

625 EAST 8400 SOUTH *Sandy* 801-566-2556

132 SOUTH STATE #100 *Salt Lake City* 801-240-6500

CENTERVILLE 801-294-0578

LDS HUMANITARIAN CENTER 801-240-5954

Provides wheelchairs, shower chairs and other adaptive equipment. No religious affiliation required.

Golden Years Consultants

www.goldenyearsconsultants.com 801-747-2111

A geriatric consulting company offering *Caregiver Coaching*, an individual or family session with a certified geriatric care manager to assist family caregivers with planning and identifying elder care resources. May be a covered benefit under a working caregiver's Employee Assistance Program. Surveys give this program a 100% satisfaction rate.

Grief/Bereavement Support

CARING CONNECTIONS 801-585-9522

University of Utah College of Nursing. Small fee.

INTERMOUNTAIN SPIRIT OF CARING
GRIEF SERVICES 801-507-7435

OGDEN REGIONAL MEDICAL CENTER
LIFE AFTER LOSS 801-479-2080

ST. MARK'S GENERAL GRIEF GROUP 801-268-7141

Carol Lee

SAINT VINCENT'S CATHOLIC CHURCH 801-278-5404

Health Care & Facility Reports

Performance reports on required health outcome data for health care facilities and agencies.

HOME HEALTH AGENCIES www.medicare.gov/HHcompare

HOSPITALS www.hospitalcompare.hhs.gov

Health Care & Facility Reports *Continued*

SKILLED NURSING FACILITIES

www.medicare.gov/NHcompare

Hearing

EAR FOUNDATION <i>Hearing Aid Bank Program</i>	615-627-2724
SANDERSON COMMUNITY CENTER OF THE DEAF AND HARD OF HEARING	800-860-4860
SPECIAL PROGRAMS FOR THE VISUALLY AND HEARING IMPAIRED	801-323-4358

Home Repair & Maintenance

ASSIST PROGRAM	801-355-7085
Emergency home repair for people on a low income. Deferred payment loans for critical home repair. Assessment and design for home accessibility modifications.	

UTAH FOOD BANK SERVICES FOR SENIORS	801-978-2452
A non-profit organization assisting seniors and people with disabilities with home repairs, prescription assistance, yard work, snow removal, friendly visiting and food assistance.	

Community Action Programs

ADMINISTRATION	801-359-2444
HOME EMERGENCY ASSISTANCE <i>Program H.E.A.T.</i>	801-521-6107
Assistance paying heating costs for low income households through the Utah Department of Human Services.	
CRISIS LINE	801-359-2444 <i>ext. 213</i>
HOUSING WEATHERIZATION	801-359-2444
Evaluations of weatherization needs and assistance with costs for eligible services.	

Grab Bar Installation

RYAN HACKING, OT	801-660-7613
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Medicaid

www.health.utah.gov/medicaid

MEDICAID OUTREACH	801-236-6760
Phone assistance for application completion.	
ONLINE APPLICATION	www.utahhelps.utah.gov
UTAH MEDICAID INFORMATION LINE	800-662-9651



Medicaid *Continued*

Medicaid Waiver Programs

HOME AND COMMUNITY-BASED SERVICES

Utah State Division of Aging

801-538-3910

NEW CHOICES

Services designed to help low-income qualified individuals transition out of a nursing facility and re-establish themselves in the community.

newchoices@utah.gov

Kathleen Bowman
Vicki Ruesch

801-538-6497
801-538-6148

THE ALTERNATIVES PROGRAM (TAP)

In-home services for medically frail adults designated as low-income who are at risk for premature placement in a nursing home. Call your local Area Agency on Aging (AAA). See page 1 for Utah listings.

Medicare

Open enrollment every year from November 15th through December 31st to change Medicare Part D Plans, Med Advantage Plans and go to or from the original Medicare program.

www.medicare.gov
800-MEDICARE

COUNSELING - HIIP

800-541-7735

The Health Insurance Information Program (HIIP) is a free service to help people who are eligible for Medicare with health insurance questions.

MEDICARE PART D

www.medicare.gov
www.benefitscheckup.org

Prescription drug program administered by commercial insurance companies. May be a Stand-Alone Program or included in a Med-Advantage Plan. Contact local HIIP program or the Department of Aging for assistance.

Medical Equipment/Assistive Technology

ADAPTIVE EQUIPMENT

www.abledata.com

UTAH ASSISTIVE TECHNOLOGY PROGRAM

800-524-5152

www.uatpat.org

UATP provides education on assistive technology, adaptive equipment, information on funding sources for equipment, referrals, links and resources.

WHEELCHAIR REPAIR

Magic Rest

801-281-8688

Mental Health Services

CHRISTUS MARIAN CENTER

801-468-6856

Both short-term inpatient and structured outpatient behavioral health services.

DAVIS HOSPITAL & MEDICAL CENTER PSYCHIATRIC CARE

801-807-1000

FAMILY COUNSELING CENTER

801-261-3500

Counseling for families, couples and individuals, including counseling for substance abuse and anger management classes. Fees based on a sliding scale.

More

THAN JUST HOME HEALTH
Home Health • Hospice • Private Duty

Mental Health Services *Continued*

IHC CRISIS LINE	801-233-4100
LAKEVIEW HOSPITAL <i>Bountiful</i> <i>Senior Pathways</i>	801-299-2428
Inpatient treatment in an acute, short-term psychiatric program.	
MASTERS PROGRAM	801-273-1085
Outpatient treatment for older adults with symptoms of depression and/or anxiety through Valley Mental Health.	
NATIONAL ALLIANCE FOR THE MENTALLY ILL (NAMI)	801-323-9900
Support, education and advocacy for individuals affected by mental illness.	
SALT LAKE REGIONAL MEDICAL CENTER SENIOR BEHAVIORAL HEALTH UNIT	801-350-4715
SILVERADO ASPEN PARK	801-272-8000
Acute inpatient stays for medication/behavior stabilization for patients with Alzheimer's disease and other dementia.	
UNIVERSITY OF UTAH ALCOHOL AND DRUG ABUSE CLINIC	801-581-6228
Family, group and individual outpatient treatment, evaluation, education and referral.	
UNIVERSITY OF UTAH NEUROPSYCHIATRIC INSTITUTE (UNI)	801-583-2500
Psychiatric and recovery services for geriatric patients within a comprehensive mental health facility. Also a Crisis Line.	
VALLEY HORIZONS PROGRAM	801-284-1908
Housing unit for adults 55+ who have mental illness.	

Personal Emergency Response Systems (PERS)

JITTERBUG CELL PHONE	866-540-0297
<i>Emergency cell phone. Comes programmed and ready to use.</i>	
LIFE LINE	800-451-0575
RESCUE ALERT	801-571-4121

Podiatry Home Visits

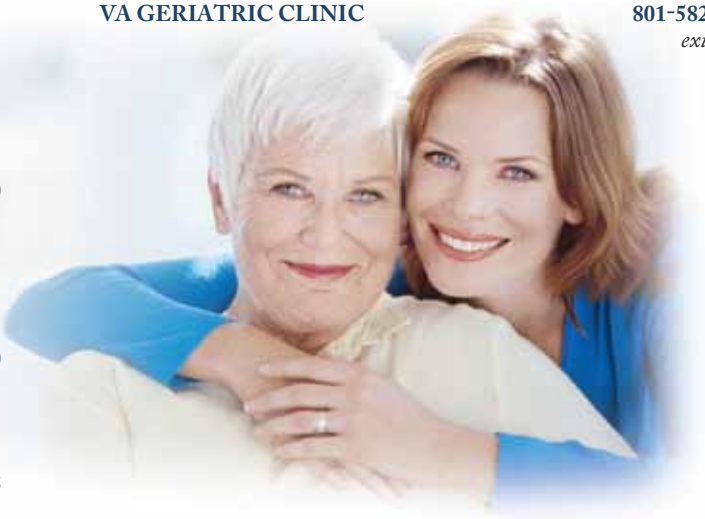
DONALD CALL, DPM	801-254-3123
RICHARD SEEGMILLER, DPM <i>Layton</i>	801-825-4709

Senior Clinics and Physicians

HOME MD <i>Edward Shultz, MD</i>	801-910-7660
HOUSE CALL DOCTORS <i>Mark Cacciamani, MD</i>	801-485-5055
JARED POTTER, MD <i>Kaysville</i>	801-543-2221
LDH HOSPITAL GERIATRICS AND INCONTINENCE CLINIC	801-408-8600
PHYSICIAN HOME CARE OF UTAH <i>John R. Deitlein, MD</i>	801-944-0095
SALT LAKE SENIOR CLINIC - SLRMC	801-350-4602

Senior Clinics and Physicians *Continued*

ST. MARK'S SENIOR HEALTH CENTER	801-268-7766
UNIVERSITY OF UTAH GERIATRIC CLINIC	801-581-2628
VA GERIATRIC CLINIC	801-582-1565 <i>ext. 2522</i>



Utah Family Caregiver Support Programs

Limited in-home respite and assistance services as well as various resource and emotional support services for family caregivers. Caregivers must be 18 or older. Care receivers must be 60 or older and need assistance with at least 2 activities of daily living or have dementia or cognitive impairment. Caregivers 55 and older who have responsibility for grandchildren living with them may also be eligible. No financial eligibility or fees are required to participate. Call your local Area Agency on Aging (AAA) for counties not listed below.

FAMILY CAREGIVER SUPPORT PROGRAM

<i>Salt Lake County</i>	801-468-2460
<i>Davis County</i>	801-451-3377

CARE FOR THE CAREGIVER PROGRAM

<i>Weber/Morgan Counties</i>	801-625-3866
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Vision

BRYAN GERRITSEN <i>Low Vision Rehabilitation Services</i>	801-547-5903
DIVISION OF SERVICES FOR THE BLIND AND VISUALLY IMPAIRED	801-323-4343
EYE SITE OF UTAH <i>Kaysville</i> <i>Scott M. Allen, OD</i>	801-444-9977
LIBRARY FOR THE BLIND	801-715-6789 800-662-5540
LIONS CLUB EYE PROGRAM <i>Davis / Weber Counties</i> <i>Salt Lake County</i>	801-393-8097 801-978-3363
MORAN EYE INSTITUTE VIP PROGRAM <i>Visually Impaired Important People</i> Free 2-hour information/resource orientation.	801-585-2213
SPECIAL PROGRAM FOR THE VISUALLY AND HEARING IMPAIRED	801-323-4358