



## CAREGIVER

We understand that **FAMILY CAREGIVERS** are essential to the successful long-term care of our patients.

## SUPPORT

We support our patients with expert care **AND** support their caregivers with 24-hour access to dependable services, holistic care management, and a **CAREGIVER COACHING** education program.

## NETWORK

We help **CONNECT** our patients and their caregivers to the extensive network of resources in the community to ensure the **BEST, MOST AFFORDABLE CARE** possible.



**SALT LAKE COUNTY**  
310 East 4500 South  
Suite 460  
Salt Lake City, UT 84107  
801-747-2100  
Fax 801-747-2104

**DAVIS/WEBER/MORGAN COUNTIES**  
307 North 300 West  
Suite 303  
Kaysville, UT 84037  
801-547-0060  
Fax 801-547-0301

*[www.caregiversupportnetwork.com](http://www.caregiversupportnetwork.com)*

**A FULL SERVICE AGENCY**  
TO MEET ALL YOUR HOME CARE NEEDS

Caregiver Support Network provides benefits, services, and employment to all persons without regard to race, gender, color, national origin, handicap, religion, or age.



## ALLEN COGNITIVE LEVEL SCREENING

A COMPASSIONATE, OBJECTIVE  
PROGRAM THAT IDENTIFIES  
THE ABILITIES OF PEOPLE WITH  
COGNITIVE IMPAIRMENT



*More*  
**THAN JUST HOME HEALTH**

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801-547-0060

## ALLEN COGNITIVE LEVEL SCREENING

### What is Allen Cognitive Level Screening?

Allen Cognitive Level Screening (ACLS) was developed over 40 years ago by occupational therapist Claudia Allen.

This rigorously validated testing is used all over the world to help families, caregivers and clinicians understand how to best assist people with cognitive impairment.

ACLS is unique because it defines a person's thought processing in a practical way. It identifies "patterns of performance" that directly relate to learning abilities, function and safety.

- Can the patient manage his or her own medications?
- How would the patient react in an emergency situation?
- Is he or she safe to drive? To live alone?
- What communication techniques and approaches enhance independence and self-esteem?

ACLS provides guidelines in these crucial areas to help patients and families with everyday activities and decisions.



### What Does ACLS Involve?

A trained clinician will complete non-threatening activities with the patient over several visits. These activities can include:

- A lacing module
- Simple crafts
- Everyday activities, such as using the telephone

Often, good verbal skills and routine structure mask cognitive deficits. Watching the patient perform ACLS activities gives the clinician valuable insight into how he or she really processes information in the environment around them.

Performance on the activities is then correlated with Allen Levels 1 to 6, with higher numbers relating to higher ability to function. Each level identifies both cognitive ability and disability. Strengths are maximized and deficits are considered.

After testing, the clinician will provide a written summary and an ACLS Caregiver Guide based on the patient's Allen Level to:

- Help families, caregivers and the health care team identify the most effective ways to assist, approach and interact with the patient.
- Provide essential guidelines on how to structure the patient's environment to enhance safety and function while reducing caregiver stress.
- Outline learning strategies to maximize the patient's daily function and participation.

## HOW TO SCHEDULE ACLS

### CALL CAREGIVER SUPPORT NETWORK

#### SALT LAKE COUNTY

801-747-2100

888-968-4600

#### DAVIS/WEBER/MORGAN COUNTIES

801-547-0060

866-747-2100

ACLS is best performed in the patient's familiar environment where he or she is most comfortable.

The clinician will come to the patient's home for several visits. Each visit will last from 30 to 60 minutes.

Results and written report will follow within one week after all testing is completed.

ACLS is covered at 100% under the Medicare Part A home health benefit if the patient is homebound. If not, it can be covered under Medicare Part B as an out-patient service where co-pays may apply. A doctor's order is required.

The patient and/or family may also schedule a private CAREGIVER COACHING session with a certified geriatric care manager to discuss results, resources and planning. Funding may be available for this visit through a family member's company Employee Assistance Program.

*By* UNDERSTANDING COGNITION,  
WE CAN IMPROVE SAFETY AND FUNCTION.